CONSORT Checklist for Reporting Randomized Controlled Trials

Author

Enago Academy

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The CONSORT-SPI (Social and Psychological Interventions) guidelines place strong emphasis on implementation fidelity, stakeholder involvement, and external validity—three critical factors that enhance the reliability, relevance, and practical value of behavioral and social intervention research. Implementation fidelity ensures that interventions are delivered as originally designed, minimizing the risk of skewed results due to inconsistent application. Engaging stakeholders, including participants and service providers, brings greater transparency and contextual understanding to how outcomes are influenced in real-world settings. External validity focuses on the generalizability of findings, helping policymakers and practitioners assess whether an intervention is applicable to their specific environments. Collectively, these elements improve reproducibility, reduce bias, and strengthen the likelihood that interventions will be effective in practice. While the CONSORT-SPI checklist builds on the CONSORT 2010 framework, it introduces modifications that address the unique complexities of evaluating social and psychological programs.

Download the <u>CONSORT checklist</u> today to ensure your observational study is presented with the highest level of transparency, rigor, and precision.

For a broader perspective on reporting guidelines, <u>check out our comparative analysis</u> of <u>STROBE</u>, <u>CONSORT</u>, <u>PRISMA</u>, and <u>ACORD</u>, where we break down their key differences and applications in research.

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